

Ask and It Is Given – Esther and Jerry Hicks

1. Joy, empowerment, freedom, love, appreciation
2. Passion
3. Enthusiasm
4. Positive expectation/belief
5. Optimism
6. Hopefulness
7. Contentment
8. Boredom
9. Pessimism
10. Frustration, irritation, impatience
11. "Overwhelm"
12. Disappointment
13. Doubt
14. Worry
15. Blame
16. Discouragement
17. Anger
18. Revenge
19. Hatred/ rage
20. Jealousy
21. Insecurity/guilt/unworthiness
22. Fear/grief/depression/despair/powerlessness